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**Comparing Traditional Cognitive Behavior Therapy with
Mindfulness-Based Interventions as a Treatment Option for
Anxiety Disorders in Pediatric Patients**

QI ZHENG

**Let Master of Public Health Students Experience Statistical
Reasoning**



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Mission

ATINER is an Athens-based World Association of Academics and Researchers based in Athens. ATINER is an independent and non-profit **Association** with a **Mission** to become a forum where Academics and Researchers from all over the world can meet in Athens, exchange ideas on their research and discuss future developments in their disciplines, **as well as engage with professionals from other fields**. Athens was chosen because of its long history of academic gatherings, which go back thousands of years to *Plato's Academy* and *Aristotle's Lyceum*. Both these historic places are within walking distance from ATINER's downtown offices. Since antiquity, Athens was an open city. In the words of Pericles, **Athens** "... is open to the world, we never expel a foreigner from learning or seeing". ("Pericles' Funeral Oration", in Thucydides, *The History of the Peloponnesian War*). It is ATINER's **mission** to revive the glory of Ancient Athens by inviting the World Academic Community to the city, to learn from each other in an environment of freedom and respect for other people's opinions and beliefs. After all, the free expression of one's opinion formed the basis for the development of democracy, and Athens was its cradle. As it turned out, the Golden Age of Athens was in fact, the Golden Age of the Western Civilization. *Education* and *(Re)searching* for the 'truth' are the pillars of any free (democratic) society. This is the reason why *Education* and *Research* are the two core words in ATINER's name.

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All ATINER's publications including its e-journals are open access without any costs (submission, processing, publishing, open access paid by authors, open access paid by readers etc.) and is independent of presentations at any of the many small events (conferences, symposiums, forums, colloquiums, courses, roundtable discussions) organized by ATINER throughout the year and entail significant costs of participating. The intellectual property rights of the submitting papers remain with the author. Before you submit, please make sure your paper meets the [basic academic standards](#), which includes proper English. Some articles will be selected from the numerous papers that have been presented at the various annual international academic conferences organized by the different divisions and units of the Athens Institute for Education and Research. The plethora of papers presented every year will enable the editorial board of each journal to select the best, and in so doing produce a top-quality academic journal. In addition to papers presented, ATINER will encourage the independent submission of papers to be evaluated for publication.

The current issue is the first of the seventh volume of the *Athens Journal of Health and Medical Sciences* (AJHMS), published by the **published by the [Health & Medical Sciences Division](#) of ATINER**

Gregory T. Papanikos
President
ATINER



Athens Institute for Education and Research

A World Association of Academics and Researchers

19th Annual International Conference on Health Economics, Management & Policy,
22-25 June 2020, Athens, Greece

The [Health Economics & Management Unit](#) of ATINER will hold its 19th Annual International Conference on Health Economics, Management & Policy, 22-25 June 2020, Athens, Greece sponsored by the [Athens Journal of Health and Medical Sciences](#). The aim of the conference is to bring together academics, researchers and professionals in health economics, management and policy. You may participate as stream leader, presenter of one paper, chair of a session or observer. Please submit a proposal using the form available (<https://www.atiner.gr/2020/FORM-HEA.doc>).

Academic Members Responsible for the Conference

- **Dr. Paul Contoyannis**, Head, [Health Economics & Management Unit](#), ATINER & Associate Professor, McMaster University, Canada.
- **Dr. Vickie Hughes**, Director, [Health & Medical Sciences Division](#), ATINER & Assistant Professor, School of Nursing, Johns Hopkins University, USA.

Important Dates

- Abstract Submission: **24 February 2019**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **25 May 2020**

Social and Educational Program

The Social Program Emphasizes the Educational Aspect of the Academic Meetings of Atiner.

- Greek Night Entertainment (This is the official dinner of the conference)
- Athens Sightseeing: Old and New-An Educational Urban Walk
- Social Dinner
- Mycenae Visit
- Exploration of the Aegean Islands
- Delphi Visit
- Ancient Corinth and Cape Sounion
 - More information can be found here: <https://www.atiner.gr/social-program>

Conference Fees

Conference fees vary from 400€ to 2000€
Details can be found at: <https://www.atiner.gr/2019fees>



Athens Institute for Education and Research

A World Association of Academics and Researchers

8th Annual International Conference on Health & Medical Sciences 4-7 May 2020, Athens, Greece

The [Medicine Unit](#) of ATINER is organizing its **8th Annual International Conference on Health & Medical Sciences, 4-7 May 2020, Athens, Greece** sponsored by the [Athens Journal of Health and Medical Sciences](#). The aim of the conference is to bring together academics and researchers from all areas of health sciences, medical sciences and related disciplines. You may participate as stream leader, presenter of one paper, chair a session or observer. Please submit a proposal using the form available (<https://www.atiner.gr/2019/FORM-HSC.doc>).

Important Dates

- Abstract Submission: **23 March 2020**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **6 April 2020**

Academic Member Responsible for the Conference

- **Dr. Vickie Hughes**, Director, Health & Medical Sciences Research Division, ATINER & Assistant Professor, School of Nursing, Johns Hopkins University, USA.
- **Dr. Carol Anne Chamley**, Head, Nursing Research Unit & Associate Professor, School of Health and Social Care, London South Bank University UK.
- **Dr. Andriana Margariti**, Head, Medicine Research Unit, ATINER & Lecturer, Centre for Experimental Medicine, Queen's University Belfast, U.K.

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