

Athens Journal of Health and Medical Sciences

Quarterly Academic Periodical, Volume 12, Issue 1

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Front Pages

LIAM REILLY, LAURA THOMPSON & MARTIN DEMPSTER

[Defence Styles, Alexithymia, Illness Perceptions, and HRQOL in IBD](#)

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[Effectiveness of Promoting Colorectal Cancer Screening During Annual Workplace Health Monitoring](#)

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[Drinking Water Contamination at Mahabaleshwar, Maharashtra, India due to Equine Waste: A Case Study in Environmental Risk Management](#)

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- **Dr. George Zahariadis**, Director, Health & Medical Sciences Division, Athens Institute & Associate Professor, Faculty of Medicine, Memorial University of Newfoundland, Canada.

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- **Dr. Apostolos Tsiachristas**, Academic Member, Athens Institute & Senior Researcher, Health Economics Research Centre, Nuffield Dept. of Population Health, University of Oxford, UK.
- **Dr. Paul Contoyannis**, Head, [Health Economics and Management Unit](#), Athens Institute & Associate Professor, Faculty of Social Sciences, Department of Economics, McMaster University, Canada.

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Athens Institute is an Athens-based World Association of Academics and Researchers based in Athens. Athens Institute is an independent and non-profit Association with a Mission to become a forum where Academics and Researchers from all over the world can meet in Athens, exchange ideas on their research and discuss future developments in their disciplines, as well as engage with professionals from other fields. Athens was chosen because of its long history of academic gatherings, which go back thousands of years to Plato's Academy and Aristotle's Lyceum. Both these historic places are within walking distance from Athens Institute's downtown offices. Since antiquity, Athens was an open city. In the words of Pericles, Athens "...is open to the world, we never expel a foreigner from learning or seeing". ("Pericles' Funeral Oration", in Thucydides, The History of the Peloponnesian War). It is Athens Institute's mission to revive the glory of Ancient Athens by inviting the World Academic Community to the city, to learn from each other in an environment of freedom and respect for other people's opinions and beliefs. After all, the free expression of one's opinion formed the basis for the development of democracy, and Athens was its cradle. As it turned out, the Golden Age of Athens was in fact, the Golden Age of the Western Civilization. Education and (Re)searching for the 'truth' are the pillars of any free (democratic) society. This is the reason why Education and Research are the two core words in Athens Institute's name.

The *Athens Journal of Health and Medical Sciences* (AJHMS) is an Open Access quarterly double-blind peer reviewed journal and considers papers from all areas of medicine (including health studies and nursing research). Many of the papers published in this journal have been presented at the various conferences sponsored by the [Health & Medical Sciences Division](#) of the Athens Institute for Education and Research (ATINER). All papers are subject to ATINER's [Publication Ethical Policy and Statement](#).

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Athens Journal of Health and Medical Sciences

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President's Message

All Athens Institute's publications including its e-journals are open access without any costs (submission, processing, publishing, open access paid by authors, open access paid by readers etc.) and is independent of presentations at any of the many small events (conferences, symposiums, forums, colloquiums, courses, roundtable discussions) organized by Athens Institute throughout the year and entail significant costs of participating. The intellectual property rights of the submitting papers remain with the author. Before you submit, please make sure your paper meets the [basic academic standards](#), which includes proper English. Some articles will be selected from the numerous papers that have been presented at the various annual international academic conferences organized by the different divisions and units of the Athens Institute for Education and Research. The plethora of papers presented every year will enable the editorial board of each journal to select the best, and in so doing produce a top-quality academic journal. In addition to papers presented, Athens Institute will encourage the independent submission of papers to be evaluated for publication.

The current issue is the first of the twelfth volume of the *Athens Journal of Health and Medical Sciences (AJHMS)*, published by the [Health & Medical Sciences Division](#) of ATINER.

Gregory T. Papanikos
President
Athens Institute



Athens Institute for Education and Research

A World Association of Academics and Researchers

24th Annual International Conference on Health Economics, Management & Policy, 23-26 June 2025, Athens, Greece

The [Health Economics & Management Unit](#) of Athens Institute will hold its 24th Annual International Conference on Health Economics, Management & Policy, 23-26 June 2025, Athens, Greece sponsored by the [Athens Journal of Health and Medical Sciences](#). The aim of the conference is to bring together academics, researchers and professionals in health economics, management and policy. You may participate as stream leader, presenter of one paper, chair of a session or observer. Please submit a proposal using the form available (<https://www.atiner.gr/2025/FORM-HEA.doc>).

Academic Members Responsible for the Conference

- **Dr. Paul Contoyannis**, Head, [Health Economics & Management Unit](#), Athens Institute & Associate Professor, McMaster University, Canada.
- **Dr. Vickie Hughes**, Director, [Health & Medical Sciences Division](#), Athens Institute & Assistant Professor, School of Nursing, Johns Hopkins University, USA.

Important Dates

- Abstract Submission: **3 March 2025**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **26 May 2025**

Social and Educational Program

The Social Program Emphasizes the Educational Aspect of the Academic Meetings of Athens Institute.

- Greek Night Entertainment (This is the official dinner of the conference)
- Athens Sightseeing: Old and New-An Educational Urban Walk
- Social Dinner
- Mycenae Visit
- Exploration of the Aegean Islands
- Delphi Visit

Conference Fees

Conference fees vary from 400€ to 2000€
Details can be found at: <https://www.atiner.gr/fees>



Athens Institute for Education and Research

A World Association of Academics and Researchers

13th Annual International Conference on Health & Medical Sciences **5-8 May 2025, Athens, Greece**

The [Medicine Unit](#) of Athens Institute is organizing its **13th Annual International Conference on Health & Medical Sciences, 5-8 May 2025, Athens, Greece** sponsored by the [Athens Journal of Health and Medical Sciences](#). The aim of the conference is to bring together academics and researchers from all areas of health sciences, medical sciences and related disciplines. You may participate as stream leader, presenter of one paper, chair a session or observer. Please submit a proposal using the form available (<https://www.atiner.gr/2025/FORM-HSC.doc>).

Important Dates

- Abstract Submission: **25 March 2025**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **7 April 2025**

Academic Member Responsible for the Conference

- **Dr. Vickie Hughes**, Director, Health & Medical Sciences Research Division, Athens Institute & Assistant Professor, School of Nursing, Johns Hopkins University, USA.
- **Dr. Carol Anne Chamley**, Head, Nursing Research Unit & Associate Professor, School of Health and Social Care, London South Bank University UK.
- **Dr. Andriana Margariti**, Head, Medicine Research Unit, Athens Institute & Lecturer, Centre for Experimental Medicine, Queen's University Belfast, U.K.

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- Exploration of the Aegean Islands
- Delphi Visit
- Ancient Corinth and Cape Sounion

More information can be found here: <https://www.atiner.gr/social-program>

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