Exploring Students Discipline in Primary and Secondary Schools: Teachers' Perspective

Maintaining discipline in schools remains a challenge towards academic performance of students. The purpose of this study was to explore students' disciplinary problems in schools. A qualitative research method is used to address the primary objective of this study. In-depth interviews were conducted with gather teaching staff to gather the primary data. The data was analysed through the use of content analysis method with the aid of Atlas.ti software package version 25. The findings of this study uncovered that students with poor family background tend to lack discipline in schools, overcrowding and poor leadership were identified as contributing factors towards poor. This study provide significant contribution by providing possible solutions to poor discipline in schools and future research directions regarding discipline in schools.

Introduction

Den Brok (2015) states that maintaining school discipline is necessary for creating a conducive learning and teaching environment. Absence of discipline in school might prompt educational issues for teachers and students. Educators, school administrators, and parents can maintain discipline without using corporal punishment to create a positive learning and teaching environment at the school. Den Brok (2015) says that disciplinary actions show students that they are following the rules of the school to fix a lack of discipleship. At the point when discipline is overseen in school, it prompts better student's presentation in school. Discipline is essential for maintaining school discipline and helps students perform well in school.

O'Hara (2008) claims that students who do not adhere to school disciplinary procedures perform poorly compared to those who do. These students' tendency is clear evidence that schools should always enforce discipline. Students' performance in school may be affected by having a clear understanding of disciplinary procedures. Discipline, in the words of Nunn (2002), gives one a clear understanding of what is good and bad. Additionally, he asserts that a number of students lack discipline for a variety of reasons, including: the absence of parental association, parental joblessness, harmful guardians and ill-equipped teachers. A bad teaching and learning environment is created when students do not adhere to classroom discipline rules.

In order to help students who lack discipline develop and perform well in the classroom, discipline should be maintained in schools. Teachers, guardians and SGB ought to continuously energise keeping up with discipline in schools (Nouton, 2015). The widespread belief that issues of discipline should be addressed in schools can result in corporal punishment, which can be a significant concern for the teacher in question. We are able to investigate what causes discipline issues in students, how discipline can be maintained without

corporal punishment, and the advantages and disadvantages of employing a variety of methods for maintaining discipline in schools without corporal punishment now that we are aware of the problem.

Background of the Research and Rationale

I have always been interested in studying students who lack discipline and how to maintain discipline without using corporal punishment. Although few people have attempted to alter their perception of how discipline is administered, communities all over the world have developed students who lack discipline, which has become a problem in schools (Duke, 2006). My anxiety is that discipline is as of now an issue in schools. The teaching and learning environment has been negatively impacted by these issues, with fewer students performing well academically and more performing poorly. In light of these disciplinary issues that students face, I came to the conclusion that more research is needed to find out what will happen in a school and classroom setting regarding maintaining discipline without corporal punishment. We must examine discipline related situations in schools, classrooms, homes, and communities in order to maintain discipline. This assisted with recognising the reasons for the students' absence of discipline and manners by which discipline can be kept up with without corporal punishment. The results of these studies have implications for maintaining discipline without using corporal punishment.

According to Den Brok (2014), students' discipline in schools has been and continues to be valued as a fundamental component of education. After the prohibition of corporal punishment, educators face difficulties when they hit students as a form of discipline. I've always been interested in studying discipline without using corporal punishment. Absence of students' discipline is a serious test in the public eye and in schools all over the planet. According to O'Hara (2008), my concern is that students who lack discipline will exhibit disruptive behaviour in the classroom, resulting in a negative learning and teaching environment. In light of these problems with discipline, and this research will have suggestions for the potential reasons for disciplinary issues and how discipline can be kept up with without corporal punishment.

Purpose of the Study

The purpose of this study was to explore students' disciplinary problems in schools. in Mopani East's education system where corporal punishment is abolished. To address the research purpose, the following question was asked; What are the underlying causes of students' disciplinary issues at school?

Literature Review

Over the years, previous studies have sought to identify the characteristics of effective teachers and teaching methods. However, it should be noted that teaching and achieve desired out are complicated tasks since what works in certain situations does not work in other circumstances or settings. Teaching is also dependent of the discipline, behaviour and attitude of learners in schools. As per Cowley (2002), there are various explanations behind disciplinary issues. According to Fontana (2006), it can be difficult for an educator to direct and instruct a large number of students in a classroom, which can result in disruptive behaviour.

Maintaining discipline in a classroom with a large number of students becomes extremely challenging. In my experience, maintaining discipline in a classroom with a large number of students is difficult. Students have the opportunity to cause trouble in the classroom in a school with no disciplinary policy (Duke, 2005). In schools, having disciplinary policies is essential. Cowley (2002) states that classroom tension can result in disciplinary issues. Some students in the classroom have a propensity to tell jokes just to make other students laugh. Rogers (2001) concurs with Cowley regarding the influence of peer pressure on leaner behaviour. Rogers (2001) says that insufficient parental care, a lack of food at home, and excessive alcohol consumption can sometimes make students problematic.

Wragg (2002) says that there are many ways to keep school discipline up. The several methods for maintaining discipline without using corporal punishment. According to Alexander and Darla (2013), a small group of students in a classroom fosters positive learning behaviour. In order to maintain discipline, Chaplain (2004) suggests that a set of classroom rules should be established for each student to follow. I agree that the rules help foster a positive school environment and strong relationships between students and teachers. The Ministry of Education's laws should serve as the foundation for the disciplinary policy. A code of conduct should be established by the school administration in accordance with the SA Schools Act of 1996 (Department of Education, 2001).

Munn (2002) claims that involving parents in the school can lessen the severity of disciplinary issues. I looked at this information and weighed the benefits of parental involvement in school as one of alternatives for maintaining school discipline without corporal punishment. Giving students detention as an alternative punishment for not being disciplined after school hours, according to Wragg (2002), requires the educator in question to spend more time managing students. Algozzine and Lay (2013) claim that suspension gives students a chance to bank lessons, which they value. Docking (2007) states that ignoring students' disruptive behaviour when they are aware that their teacher has noticed it can help maintain discipline. Codes of conduct encourage classroom discipline to be maintained. The majority of students lack the discipline that society instills in them as a result of past events. I decided to include teachers' and principals' perspectives on disciplining

students for better understanding. My eighth-grade classmates were disruptive, making the learning and teaching process challenging. My English teacher expelled disruptive students from the classroom in the tenth grade.

Discipline issues, which are prevalent in the education sector, confront educators. Most teachers seem to think that what used to be a way to correct bad behaviour is now illegal and can't be used as a way to get students to behave better. Many educators are unsure of alternatives to corporal punishment when students are disruptive. Hence, this study aimed to explore by identifying underlying causes of lack of discipline in school, and how teachers and principals deal with keeping discipline in schools after corporal punishment is banned conditions were used.

According to Mouton (2016), in the absence of corporal punishment, teachers and principals can consider alternative methods for maintaining discipline in schools. These imply that teachers should not look outside of themselves when dealing with issues related to school discipline. Educators shouldn't simply zero in on principal as the ones accountable for school discipline. The points of view of the educators and principals were gotten from their encounters in keeping up with school discipline.

Theoretical Framework

Maree (2015) characterises a calculated structure as a fragmented clarification of occasions where ideas are connected and a hypothetical system as a current hypothesis in setting used to help the investigation of your exploration. I involved a hypothetical system in my exploration since it applies to the possibility of educator conduct. The theoretical foundation of my study was the teacher behaviour theory. I have looked into how educators keep discipline up without using corporal punishment. Ryan (1963) explains teacher behaviour theory that the teacher may be considered an information-processing system that functions for the purpose of aiding the pupil/learner in acquiring an appropriate behavior repertoire. This implies that teacher behaviour theory is based on what a teacher is and how he should behave in a school environment. This theory is relevant in this study because it addresses teachers characteristics as Instructors that impacts on the learners'behaviour. Ryans (1963) argue that teachers are data handlers that help student's way of behaving. In this study, teachers in the study are asked about how they see the causes of poor discipline and how to keep discipline without using corporal punishment.

Research Methodology

Exploratory qualitative research was adopted in this study to address the research objective. In order to keep students disciplined, the underlying causes of ill-discipline by students in secondary schools were explored. Teaching staff

from a secondary school in Mopani District in Limpopo province, South Africa were interviewed. Non-probability sampling was utilised. According to Maree (2015), non-sampling is used in qualitative research not to generalise results but rather to create a detailed description. Mannion and Marrison (2018) states that in some instances of qualitative research, non-probability sampling is utilised. A purposive sampling method was used to select principals and teachers in schools to address the research objective of this study. According to Maree (2016), purposive sampling is utilised in exceptional circumstances where sampling is carried out for a specific purpose. This was done to figure out what was really making students behave badly in school environment. The purposeful sampling of participants for the study involved selecting respondents based on the characteristics they bring to the study. Deliberately chosen from three schools in the Mopani East region were two participants are selected. Individuals from the three schools secondary, a primary, and two secondary schools were chosen based on their involvement in the daily teaching of school discipline. Participants were required to meet the Mopani East district of Limpopo teachers as a sampling criterion. There were two instructors (principal and educator) from each school who were evaluated about how discipline can be kept up with without corporal punishment. They are chosen for their contributions to and involvement in resolving disciplinary issues in their schools, as well as their prior experience with dealing with disciplinary actions. The interviews were audio-recorded and transcribed for data analysis to be carried-out. The primary data was analysed using content analysis method with the aid of Atlas.ti version 25.

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Findings

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Description of the Sample

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Interviews were conducted to realise the research objective of the study. The study focused on two secondary schools and one elementary school in the Mopani area, Limpopo province. A teacher and a principal were selected from each school. The research gathered data by asking questions during interviews at each school. The principals and teachers who took part in the study were carefully chosen because of their connection to the disciplinary issues at the two schools. Additionally, the participants were drawn from the community that was in close proximity to the three schools.

Description of the sample	SCHOOL	GENDER	AGE GROUP	SUBJECTS TAUGHT (GRADE)	TOTAL TEACHING EXPERIENCE IN YEARS
PRINCIPAL A	SCHOOL	MALE	31-50	L.O (12)	20
TEACHER A	A	FEMALE	31-40	MATHS (10-12)	5
PRINCIPAL B	SCHOOL B	FEMALE	43-50	SEPEDI (7) L.O (6)	25
TEACHER B		MALE	30-42	N.S (7) MATHS (7)	8
PRINCIPAL C	SCHOOL C	MALE	39-48	ENGLISH (11)	30
TEACHER C		FEMALE	35-47	PHYSICAL SCIENCES (10-12)	12

When conducting the interviews, two themes that emerged from the data analysis were taken into consideration. The information are given and examined in understanding the subjects got from the exploration inquiries to show the thought about discoveries. The following three themes are the focus of the research: The underlying causes of lack of discipline in schools, role of principals and teachers to maintain discipline in schools using other ways in the absence of corporal punishment, and the advantages of implementing methods to maintain discipline in schools.

The Underlying Causes of Lack of Discipline in Schools

Principal A demonstrated that students with poor educational backgrounds may lack discipline as a result of alcohol abuse and parental absence. He also insisted that learning difficulties could be caused by a negative attitude toward school and a lack of enthusiasm for learning. Principal B also agrees that a lack of discipline is caused by a variety of factors, including depression, unemployment, and the absence of parents. According to Principal C, the root causes of a lack of discipline are classroom overcrowding and a lack of school leadership. Teacher A stated that the school's disciplinary issues are the result of the principal's lack of leadership, disciplinary policies, and conduct codes. She went on to say that teachers lack management skills and are ill-prepared for classroom situations. Teachers B and C both agreed with Teacher A and went on to explain that disciplinary issues hinder learning and teaching when students interfere. Discipline issues should be dealt with in an appropriate manner without resorting to physical punishment in order to maintain a positive learning and teaching environment.

Multiple Ways for Keeping Discipline in Schools without Corporal Punishment

According to Principal A, two methods for maintaining school discipline are receiving detentions and practicing good management skills in the

classroom. He added that a school's disciplinary strategy can help with settling 1 disciplinary issues without turning to corporal punishment. Additionally, 2 Principal B stated that adhering to the school's code of conduct can assist 3 students in maintaining appropriate behaviour. Principal C is of the opinion 4 that reducing the large number of students present can assist in maintaining 5 6 classroom discipline. Teacher A replied that maintaining discipline can be accomplished through suspensions and enforcing the school's code of conduct. 7 Both teacher B and principal C agree that classrooms shouldn't be 8 overcrowded. Teacher C added that deprivation of privilege, the creation of 9 disciplinary measures, suspensions, and imprisonment are some of the methods 10 that can be used to maintain discipline in schools without using corporal 11 punishment. Schools can keep discipline up without using corporal 12 punishment. 13

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The Advantage of Implementing Methods for Maintaining School Discipline in the Absence of Corporal Punishment

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Detention is a good way to keep discipline in the absence of corporal punishment, according to Principal A. Teacher A, responded that suspension is advantageous because it ensures the smooth operation of the teaching and learning process. The response from Principal B was that limiting the size of a classroom can help manage disciplinary issues at the school. According to Teacher B, parents can help maintain school discipline by participating in their children's education. Teacher C said that manual work is good because students will get tired and learn a lesson, and Principal C said that suspension can keep discipline in the classroom.

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Discussion of Findings

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The study's objective is to research how principals and educators in Mopani East can maintain student discipline without resorting to corporal punishment. The goal is to determine whether or not teachers and school principals are aware of their roles in controlling school discipline without the use of corporal punishment. Findings were discussed based on:

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❖ The roles that principals and teachers play in controlling school discipline without corporal punishment.

school.

❖ To lay out disciplinary issues experienced by principals and teachers in ❖ In the absence of corporal punishment, to provide a description of

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several strategies for dealing with school discipline issues. ❖ To discuss the benefits and drawbacks of implementing methods for maintaining school discipline without the use of corporal punishment.

The following themes from my findings were deconstructed and compared to what known is based on the preceding.

The Roles that Principals and Teachers Play in Controlling School Discipline without Corporal Punishment

Principals and educators in the study claim that it is their responsibility to maintain discipline even in the absence of physical punishment in order to ensure that appropriate instruction and learning are provided. Several researchers claim that educators are responsible for maintaining school discipline. According to Bless and Cigson-Smith (2003), educators and school principals must always uphold discipline. According to Fontana (2006), educators and school principals are also accountable for students' moral development and growth into law abiding citizens. This suggests that, in addition to breaking school rules, school leaders and teachers are expected to control bad behavior like theft, bullying, and vandalism that has a moral connection.

Disciplinary Issues experienced by Principals and Teachers in School

 Discipline issues emerge when learners appear to deliberately endeavor to keep teachers from following through with the responsibility for which they were recruited, as indicated by Cowley (2012). They accomplish this by not paying attention, disrupting, disobeying, being inconsiderate, and threatening to take over the situation rather than the educators. Before educators face the challenge of maintaining discipline in classrooms and schools, it is essential to consider the factors that contribute to student misbehavior. Educators and school principals will be able to address disciplinary issues more effectively with this assistance.

Principal A demonstrated that students with poor educational backgrounds may lack discipline as a result of alcohol abuse and parental absence. He also insisted that learning difficulties could be caused by a negative attitude toward school and a lack of enthusiasm for learning. According to Den Brok (2015) and Mouton, indiscipline is common in many schools in South Africa, and parental involvement is low. According to Wragg (2002) and Rogers (2001), a lot of parents don't want to cooperate with their children's teachers and school administrators when it comes to discipline. Many of them appear to delegate their duties to the schools, requiring them to resolve all disciplinary issues. When parents participate in school activities, children will feel more secure, perform better, and behave more appropriately. Principal B also agrees that a lack of discipline is caused by a variety of factors, including depression, unemployment, and the absence of parents.

According to Principal C, the root causes of a lack of discipline are classroom overcrowding and a lack of school leadership. Munn (2003) says that school leaders should avoid using too much control, dominance, and coercive power because doing so hurts students' sense of freedom. It is expected of teachers and school principals to communicate effectively with

their students in order to avoid behavioural issues. Effective communication in schools, according to Bertram and Thristiansen (2006), prevents issues. Teacher A stated that the school's disciplinary issues are the result of the principal's lack of leadership, disciplinary policies, and conduct codes. She went on to say that teachers lack management skills and are ill prepared for classroom situations. Teachers B and C both agreed with Teacher A and went on to explain that disciplinary issues hinder learning and teaching when students interfere. According to Docking (2007), students can become irritated and engage in disruptive behavior when their teacher or lesson is dull, lifeless, or irrelevant. Mannion and Marrison (2017) say that in a classroom where the teacher talks all the time and doesn't let students explore and learn for themselves, students are forced to listen passively. Out of boredom, some students look for ways to distract themselves at the expense of the teacher. Discipline issues should be handled appropriately without using corporal punishment to maintain a positive teaching and learning environment.

In the Absence of Corporal Punishment, Description of Several Strategies for Dealing with School Discipline Issues

Fontana (2006) says that disruptive students in the classroom have been a problem for a long time. Fontana discusses classroom behaviour management strategies in her writing. According to Principal A, two methods for maintaining school discipline are receiving detentions and practicing good management skills in the classroom. According to Cowley (2012), the majority of students dislike after school detentions due to their isolation from the rest of the class. In addition, Principal A stated that the school's disciplinary policy could help resolve disciplinary issues without resorting to corporal punishment. According to Fontana (2006), a well-written code of conduct can aid in effective school discipline. Additionally, Principal B stated that adhering to the school's code of conduct can assist students in maintaining appropriate behavior. Principal C is of the opinion that reducing the large number of students present can assist in maintaining classroom discipline. Alexander and Daria (2013) claim that students behave better in smaller classes. Teacher A replied that maintaining discipline can be accomplished through suspensions and enforcing the school's code of conduct. Both teacher B and principal C agree that classrooms shouldn't be overcrowded. Teacher C added that deprivation of privilege, the creation of disciplinary measures, suspensions, and imprisonment are some of the methods that can be used to maintain discipline in schools without using corporal punishment. According to Lankshear and Knobe (2013), beating students is less enlightening and constructive than after school detention and privilege suspension. Schools can keep discipline up without using corporal punishment. Rewarding good behaviour in the classroom, according to Docking (2007), "maintains appropriate behaviour" and reduces behavioural issues. He advises against praising good behaviour while criticizing bad behaviour. To support the idea of praising good

behaviour, Wragg (2002) suggests that teachers and principals should reward or acknowledge good behaviour.

The Benefits of Implementing Methods for Maintaining School Discipline without the Use of Corporal Punishment

Principal A says that detentions are beneficial because they are carried out after school hours. Students who are detained can attend all classes. Teacher A responded that a suspension is advantageous because the process of teaching and learning will not be disrupted. According to Teacher C, doing manual labor is beneficial because it both exhausts students and teaches them a lesson.

Recommendations to Stakeholders

 After conducting research at three schools in Mopani East, the findings and recommendations regarding how to instill discipline in schools after corporal punishment were implemented were derived. According to the literature reviewed, school discipline is a concern, particularly since legislation outlawed corporal punishment as a form of discipline. Discipline issues in schools should be traced back to poorly equipped classrooms, unprofessional principals and a lack of qualified counselors, according to literature. Discipline issues at school can arise from students who aren't adjusting to the school environment, are in need of attention, or want to improve their personal status.

This study has contributed to knowledge as a result and based on its findings, it is recommended that:

❖ Parents should be encouraged to work with teachers to improve discipline at schools with the aim of strengthening better relationships between schools and communities.

❖ Teachers should acquaint themselves and learn to know learner home - backgrounds in order to understand learners they are dealing with.

Co-operation or teamwork in the execution of school rules and codes of conduct should be promoted at each school.
 Teachers and schools management team should be developed and

empowered through workshops with specialised managerial skills.
Special schools for learners with special needs or specialised training for teachers are to be put in place if such learners are to be included in ordinary public schools.

❖ The Department should find ways to limit class size, since bigger classes are difficult to control.

 ❖ Good lesson preparation under the supervision of heads of departments could play an important role in improving the discipline situation, especially with reference to under qualified and inexperienced teachers.

1 2	Future Research Directions
3 4 5 6 7 8	A qualitative research approached was adopted in this study using small sample served as a limitation focusing in one region. Therefore, future research should include quantitative research approach investigate disciple in schools to cover larger sample. In addition, future research should in other regions, provinces and even in other parts of the world could yield different results.
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