

# Athens Journal of Sports



Quarterly Academic Periodical,  
Volume 10, Issue 1, March 2023  
URL: <https://www.athensjournals.gr/ajspo>  
Email: [journals@atiner.gr](mailto:journals@atiner.gr)  
e-ISSN: 2241-7915 DOI: 10.30958/ajspo



## Front Pages

KASHEF ZAYED, SAMIR AL-ADAWI & QUSAI AL-KALBANI

[Dominant Types of Multiple Intelligences in Oman:  
Sport Practitioners vs Non-Practitioners](#)

BRYAN DUBY & STEVE CHEN

[Race and Gender Hiring and Expansion of Minority Donor Base  
in Division-I Athletic Fundraisin](#)

DARYL WAUD & W. JAMES WEESE

[Does High-Performance Sport have an Obligation to Help  
Former Athletes with their Career and Life Transition?](#)

OLUWATOYIN M. JAIYEoba, SOLOMON B. OGUNTUASE,  
JEPHTAH O. OGUNSANYA & ABIOLA A. ADERETI

[The Role of Resilience on Stress and Recovery of Elite Athletes  
in Nigeria](#)

# Athens Journal of Sports

*Published by the Athens Institute for Education and Research (ATINER)*

## Editors

- Dr. Gregory T. Papanikos, Honorary Professor of Economics, University of Stirling, UK & President of ATINER. (Economics)
- Dr. Margo Apostolos, Academic Member, ATINER & Professor, University of Southern California -USC Kaufman School of Dance-USC Gloria Kaufman Dance Medicine Center- & Co-Director- Cedars-Sinai, USA. (Arts, Technology and Sports)
- Dr. Maria Kosma, Head, Sports Unit, ATINER & Associate Professor, Louisiana State University, USA. (Physical Education & Sport Science)
- Dr. Maria Konstantaki, Head, Sport, Exercise, & Kinesiology Unit, ATINER & Research Fellow, UK. (Sports Science)
- Dr. Seppo Suominen, Academic Member, ATINER & Senior Lecturer, University of Applied Sciences, Finland. (Sports Economics)

## Editorial & Reviewers' Board

<https://www.athensjournals.gr/ajspo/eb>

## Administration of the Journal

1. Vice President of Publications: Dr Zoe Boutsioli
2. General Managing Editor of all ATINER's Publications: Ms. Afrodete Papanikou
3. ICT Managing Editor of all ATINER's Publications: Mr. Kostas Spyropoulos
4. Managing Editor of this Journal: Ms. Eirini Lentzou

\*\*\*\*\*

*ATINER is an Athens-based World Association of Academics and Researchers based in Athens. ATINER is an independent and non-profit Association with a Mission to become a forum where Academics and Researchers from all over the world can meet in Athens, exchange ideas on their research and discuss future developments in their disciplines, as well as engage with professionals from other fields. Athens was chosen because of its long history of academic gatherings, which go back thousands of years to Plato's Academy and Aristotle's Lyceum. Both these historic places are within walking distance from ATINER's downtown offices. Since antiquity, Athens was an open city. In the words of Pericles, Athens "...is open to the world, we never expel a foreigner from learning or seeing". ("Pericles' Funeral Oration", in Thucydides, The History of the Peloponnesian War). It is ATINER's mission to revive the glory of Ancient Athens by inviting the World Academic Community to the city, to learn from each other in an environment of freedom and respect for other people's opinions and beliefs. After all, the free expression of one's opinion formed the basis for the development of democracy, and Athens was its cradle. As it turned out, the Golden Age of Athens was in fact, the Golden Age of the Western Civilization. Education and (Re)searching for the 'truth' are the pillars of any free (democratic) society. This is the reason why Education and Research are the two core words in ATINER's name.*

\*\*\*\*\*

The *Athens Journal of Sports (AJSPO)* is an Open Access quarterly double-blind peer reviewed journal and considers papers from all areas of sports and related sciences. Many of the papers published in this journal have been presented at the various conferences sponsored by the [Sport, Exercise, & Kinesiology Unit](#) of the **Athens Institute for Education and Research (ATINER)** & the [Panhellenic Association of Sports Economists and Managers \(PASEM\)](#). All papers are subject to ATINER's [Publication Ethical Policy and Statement](#).

# The Athens Journal of Sports

ISSN NUMBER: 2241-7915 - DOI: 10.30958/ajspo

Volume 10, Issue 1, March 2023

Download the entire issue ([PDF](#))

<b><u>Front Pages</u></b>	i-viii
<b><u>Dominant Types of Multiple Intelligences in Oman: Sport Practitioners vs Non-Practitioners</u></b> <i>Kashef Zayed, Samir Al-Adawi &amp; Qusai Al-Kalbani</i>	9
<b><u>Race and Gender Hiring and Expansion of Minority Donor Base in Division-I Athletic Fundraisin</u></b> <i>Bryan Duby &amp; Steve Chen</i>	19
<b><u>Does High-Performance Sport have an Obligation to Help Former Athletes with their Career and Life Transition?</u></b> <i>Daryl Waud &amp; W. James Weese</i>	39
<b><u>The Role of Resilience on Stress and Recovery of Elite Athletes in Nigeria</u></b> <i>Oluwatoyin M. Jaiyeoba, Solomon B. Oguntuase, Jephthah O. Ogunsanya &amp; Abiola A. Adereti</i>	57

# Athens Journal of Sports

## Editorial and Reviewers' Board

### Editors

- **Dr. Gregory T. Papanikos**, Honorary Professor of Economics, University of Stirling, UK & President of ATINER. (*Economics*)
- **Dr. Margo Apostolos**, Academic Member, ATINER & Associate Professor, University of Southern California -USC Kaufman School of Dance-USC Glorya Kaufman Dance Medicine Center- & Co-Director- Cedars-Sinai, USA. (*Arts, Technology and Sports*)
- **Dr. Maria Kosma**, Head, Sports Unit, ATINER & Associate Professor, Louisiana State University, USA. (*Physical Education & Sport Science*)
- **Dr. Maria Konstantaki**, Head, [Sport, Exercise, & Kinesiology Unit](#), ATINER & Senior Lecturer, Buckinghamshire New University, U.K. (*Sports Science*)
- **Dr. Seppo Suominen**, Academic Member, ATINER & Senior Lecturer, University of Applied Sciences, Finland. (*Sports Economics*)

### Editorial Board

- Dr. Panagiota (Nota) Klentrou, Academic Member, ATINER & Professor and Associate Dean Research and Graduate Studies, Brock University, Canada.
- Dr. Margo Apostolos, Academic Member, ATINER, Associate Professor, USC Kaufman School of Dance, & Co-Director, Cedars-Sinai, USC Glorya Kaufman Dance Medicine Center, University of Southern California, USA.
- Dr. Roberta Newman, Academic Member, ATINER & Master Teacher, Liberal Studies Program, New York University, USA.
- Dr. Samuel Honório, Ph.D. Chairman/President of the Ethics Committee, Piaget Superior Institute, Almada, Portugal.
- Dr. Vassilios Ziakas, Academic Member, ATINER & Associate Professor, University of St Mark & St John, UK.
- Dr. Barry Costas, Senior Lecturer, University of Hertfordshire, UK.
- Dr. Seppo Suominen, Senior Lecturer of Economics, Haaga-Helia University of Applied Sciences, Finland.
- Dr. Ruben Goebel, Academic Member, ATINER & Director of the Sport Science Program, Qatar University, Qatar.
- Dr. Nadim Nassif, Academic Member, ATINER & Assistant Professor, Department of Psychology, Education and Physical Education, Notre-Dame University, Lebanon.

### Reviewers' Board

[Click Here](#)

- General Managing Editor of all ATINER's Publications: Ms. Afrodete Papanikou
- ICT Managing Editor of all ATINER's Publications: Mr Kostas Spyropoulos
- Managing Editor of this Journal: Ms. Eirini Lentzou ([bio](#))

# President's Message

All ATINER's publications including its e-journals are open access without any costs (submission, processing, publishing, open access paid by authors, open access paid by readers etc.) and is independent of presentations at any of the many small events (conferences, symposiums, forums, colloquiums, courses, roundtable discussions) organized by ATINER throughout the year and entail significant costs of participating. The intellectual property rights of the submitting papers remain with the author. Before you submit, please make sure your paper meets the [basic academic standards](#), which includes proper English. Some articles will be selected from the numerous papers that have been presented at the various annual international academic conferences organized by the different divisions and units of the Athens Institute for Education and Research. The plethora of papers presented every year will enable the editorial board of each journal to select the best, and in so doing produce a top-quality academic journal. In addition to papers presented, ATINER will encourage the independent submission of papers to be evaluated for publication.

The current issue is the first of the tenth volume of the *Athens Journal of Sports*, published by the [Sport, Exercise, & Kinesiology Unit](#) of the ATINER under the aegis of the Panhellenic Association of Sports Economists and Managers (PASEM).

Gregory T. Papanikos, President, ATINER.



# Athens Institute for Education and Research

## *A World Association of Academics and Researchers*

### **23<sup>rd</sup> Annual International Conference on Sports: Economic, Management, Marketing & Social Aspects 8-11 May 2023, Athens, Greece**

The [Sports Unit](#) of ATINER organizes its 23<sup>rd</sup> Annual International Conference on Sports: Economic, Management, Marketing & Social Aspects, 8-11 May 2023, Athens, Greece sponsored by the [Athens Journal of Sports](#). The aim of the conference is to bring together academics and researchers of all areas of sports. Please submit a proposal using the form available (<https://www.atiner.gr/2023/FORM-SPO.doc>).

#### **Academic Members Responsible for the Conference**

**Dr. Gregory T. Papanikos | Dr. Maria Konstantaki | Dr. Chris Sakellariou | Dr. Sharon Claire Bolton | Dr. Valia Kasimati | Dr. Cleopatra Veloutsou | Dr. Christos Anagnostopoulos**

#### **Important Dates**

- Abstract Submission: **7 February 2023**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **10 April 2023**

#### **Social and Educational Program**

The Social Program Emphasizes the Educational Aspect of the Academic Meetings of Atiner.

- Greek Night Entertainment (This is the official dinner of the conference)
- Athens Sightseeing: Old and New-An Educational Urban Walk
- Social Dinner
- Mycenae Visit
- Exploration of the Aegean Islands
- Ancient Corinth and Cape Sounion

More information can be found here: [www.atiner.gr/social-program](http://www.atiner.gr/social-program)

#### **Conference Fees**

Conference fees vary from 400€ to 2000€  
Details can be found at: <http://www.atiner.gr/fees>



# Athens Institute for Education and Research

*A World Association of Academics and  
Researchers*

## 19<sup>th</sup> Annual International Conference on Sport & Exercise Science 24-27 July 2023, Athens, Greece

The [Sports Unit](#) of ATINER will hold its 19<sup>th</sup> Annual International Conference on Sport & Exercise Science, 24-27 July 2023, Athens, Greece sponsored by the [Athens Journal of Sports](#). You may participate as stream leader, presenter of one paper, chair a session or observer. Please submit an abstract (email only) to: [atiner@atiner.gr](mailto:atiner@atiner.gr), using the abstract submission form (<https://www.atiner.gr/2023/FORM-FIT.doc>).

### Important Dates

- Abstract Submission: **25 April 2023**
- Acceptance of Abstract: 4 Weeks after Submission
- Submission of Paper: **26 June 2023**

### Academic Member Responsible for the Conference

Dr. Maria Konstantaki, Academic Member, ATINER & Senior Lecturer,  
Buckinghamshire New University, UK.

### Social and Educational Program

The Social Program Emphasizes the Educational Aspect of the Academic Meetings of Atiner.

- Greek Night Entertainment (This is the official dinner of the conference)
- Athens Sightseeing: Old and New-An Educational Urban Walk
- Social Dinner
- Mycenae Visit
- Exploration of the Aegean Islands
- Delphi Visit
- Ancient Corinth and Cape Sounion

More information can be found here: <https://www.atiner.gr/social-program>

### Conference Fees

Conference fees vary from 400€ to 2000€  
Details can be found at: <https://www.atiner.gr/fees>





